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Stop Calling Him Honey And Start Having Sex: How Changing Your Everyday Habits Will Make You Hot For Each Other All Over Again





Synopsis

Honey, Baby, Sweetums, Pookie.... Who knew those sweet, androgynous pet names are the first step toward a nonexistent sex life? And all those 'personal grooming' activities you used to hide.... Believe it or not, sharing them with your partner puts you on the fast track toward killing a healthy sexual relationship. Stop Calling Him Honey and Start Having Sex is a smart, sassy, and honest guide for women of all ages, and looks at the root causes of sexual boredom in a revolutionary way. Authors Maggie Arana and Julienne Davis have discovered that it's the everyday things we say and do that sabotage sexual chemistry. They dare to pull back the sheets to examine the subtle yet powerful ways we're dulling our desire for our partners, while giving simple and practical solutions to rekindle the fire in our relationships. This non-therapy-speak guide explains why date nights and sex in different locations are only Band-Aid solutions: The truth is, if you don't feel like having sex anymore, forcing yourselves to do it on the kitchen table is not going to fix the problem! In Stop Calling Him Honey and Start Having Sex, you'll also learn: Why arguing is an important factor in bringing couples closer together Why it is critical to maintain a sense of individuality How sexuality doesn't hinge on having the perfect body but rather on how a woman feels about herself and how she projects those feelings to her partner >If your sex life reads more like a service manual than a romance novel, stop calling him 'honey' and start rekindling the flame of desire!

Book Information

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Customer Reviews

HI, Awesome book! It is way different than other books. Great insights and way it is written is easy

to understand to get the point across. Other books don't cover this information which is very important. It is worth reading. It opens a person's eyes to how relationships may start to go downhill from little things and taking things for granted. I am glad I read it. We need more great books like this!

I always check the reviews of people before buying a book. I consider the 1 star ratings unfair, I wonder if these people have read other books on the topic... Very informative, like your older friend talking to you and telling you what you do wrong. The first book on the topic of long term relationships that I enjoyed and learned from...

Excellent! Every lover needs this!

Great book for couples! It was funny and inspiring to read. It has changed my marriage and brought my sex life back to life.

This is a fascinating read. Our words have power and affect our perceptions. This book has been a 'game-changer!' I now encourage my beautiful wife to call me by my Christian name and I now absolutely refuse to address her as Mom, Baby, Sweetie, or Honey. My wife is my life and sex partner NOT my mother, baby or an undefined item to satisfy my sweet tooth. The content of this book has 'reset' our perceptions to accurately reflect our perspective roles as partners enjoying our sex. Ridding ourselves of our amorphous roles of baby, sweetie or honey has elevated our appreciation of our true role as spouse. We are now back to appreciating one another as sexual beings, dressing to impress, avoiding indiscriminate gas passing, burping or engaging in other sex debilitating activity. Who wants to have sex with a burping, gas passing, arse scratching 'honey?' We are both in Weight Watchers as Life timers, treat each other respectfully, take romantic walks and will soon be taking sailing lessons. Our 12 year old daughter is benefiting from observing this elevated and respectful relationship. My beautiful spouse is 56 and I'm 60 experiencing a new 'spring' in our relationship in more ways than one!

In all the many years that I have purchased countless books and videos from , I have NEVER been inspired to comment on anything - until now! This book gets to the heart of intimate relationships in a way that average people can easily understand and appreciate! One doesn't need to be a scholar to digest the real and useful advice that these excellent authors provide. Moreover, the advice is

practical, logical and do-able! Although the divorce rate is almost 70% nationwide, few address the unhappiness and lack of fulfillment in many of the other "together" relationships, married or not, that go on day after day, year after year devoid of real passion. In a relationship, as these brilliant authors point out, freedom and space are essential to a passionate relationship. Maybe the late, great Rodney Dangerfield was right when he said, "My wife and I take separate vacations; he eat our meals apart. We sleep in separate bedrooms. We're doing everything we can to keep our marriage together!" Keep your marriage or other long term relationship together by getting this wonderful book! Your relationship and your partner will thank you!!

This book presents some useful take-aways but obliterates the big picture of a relationship/marriage! I understand that you need an attention grabbing headline/title to sell your book but, come on! Calling your significant other by pet names does not necessarily negate his/her value as a sexual being. Isn't it possible for both dimensions to exist in a relationship? We aren't only sexual beings. We have legitimate needs to be cared about, feel protected and loved unconditionally like we were (or should have been) by our parents. It is quite possible to at times relate to each other in an unadulterated, purely sexual manner and at other times, to want to be cherished with tenderness and child-like affection. There are many dimensions to relationships, just as there are many dimensions to us as humans. It is only bad when it is overdone. If you are only able to make baby talk, then, it erodes the sexuality within the relationship. The key to any healthy relationship is having balance. Save your money.

I'm rarely one for self help books, but I seen this on Shelf Awareness and thought of my own eight year marriage and thought... "It certainly couldn't hurt!" I found this book very helpful and at the same time, very humorously written. I love the way the authors maintain a friendly, funny, humorous tone thoughout. The chapter about flatulence, toilet habits, and belching had me laughing so hard I had to go get a tissue to wipe tears from my face. I know the stories were not intended to be funny, but to make a point, but I do have some redneck in me... The book talks about how pet names and baby talk harm a relationship and how being more formal with other like when you were first dating is a great way to keep that "hotness" going. Now, I pay for half of the roof over our heads and I don't see myself politely excusing myself from my husband's presence and leaving the room every time I need to break wind or belch, but I did realize some other things I am doing wrong in my relationship. The most helpful chapter for me was about loving yourself. (To those very dirty minded individuals that are reading this: It's not THAT!!) It's about self confidence. As I write this, I'm not

rushing to tear my husband's clothes off, but I do have some ideas for rekindling the home fires. Four stars.

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